

LUNCH MENU 2018



Catered by



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	JUNE 25 Philly Cheese Steak Sandwich Buffalo Style Chips Green Salad w/ dressing	26 BBQ Pulled Pork Sandwich Steamed Peas & Carrots Caesar Salad	27 Baked Ziti w/ Marinara Sauce Cheese Garlic Bread Green Salad w/ dressing	28 Turkey Tacos w/ Toppings Spanish Rice Carrot Sticks w/ Hummus	29 Oven Baked Chicken Fingers w/ Ketchup or BBQ Sauce Roasted Sweet Potatoes Green Salad w/ dressing
Week 2	JULY 2 Grilled Beef or Veggie Burger on whole wheat bun Roasted Red Bliss Potatoes Carrot Sticks w/ Ranch Dressing	3 Bowtie Pasta w/ Meat or Marinara Sauce Steamed Green Beans Green Salad w/ dressing	4  NO CAMP HAPPY 4th of JULY!	5 Grilled BBQ Chicken Breast Steamed Corn on the Cob Caesar Salad	6 Beef or Vegetarian Chili w/Toppings Steamed Cilantro Rice Tex Mex Salad
Week 3	9 Beefaroni w/ Marinara Sauce Garlic Bread Green Salad w/ dressing	10 Teriyaki Breast of Chicken Jasmine Rice Steamed Peas Caesar Salad	11 Roasted Tomato Soup Grilled Cheese on Whole Wheat Bread Roasted Zucchini	12 Grilled Beef Hot Dogs Corn on the Cob Non Dairy Coleslaw Caesar Salad	13 Turkey Tacos w/ Toppings Spanish Rice Carrot Sticks w/ Hummus
Week 4	16 Baked Ziti w/ Cheese Garlic Bread Steamed Broccoli Green Salad w/ dressing	17 Sloppy Joes Crispy Baked Potato Wedges Cucumber Slices Caesar Salad	18 Roasted Lemon Chicken w/Pan Gravy Steamed Couscous Roasted Carrots Green Salad w/ dressing	19 Baked Macaroni & Cheese Steamed Green Beans Carrot Sticks w/ Ranch Dressing Caesar Salad	20 Baked Potatoes Bar Chili, Sour Cream, Cheese Sauce, Broccoli & Bacon Green Salad w/ dressing
Week 5	23 Chicken Fajita w/ Toppings Mexican Rice Steamed Corn Caesar Salad	24 House Made Meatballs Steamed Linguini w/ Garlic Sauce Green Salad w/ dressing	25 Sweet & Sour Chicken Steamed Jasmine Rice Steamed Broccoli Carrot Sticks w/ Hummus	26 Penne Pasta w/ Marinara Sauce Garlic Bread Sticks Steamed Peas & Carrots Caesar Salad	27 Grilled Hamburgers & Hot Dog Bar Potato Salad Watermelon Pieces
Week 6	30 Philly Cheese Steak Sandwich Buffalo Style Chips Green Salad w/ dressing	31 Chicken Parmigianino Rotini Pasta w/ Marinara Sauce Carrott Sticks w/Ranch Dip Caesar Salad	AUG. 1 French Toast w/ Maple Syrup Scrambled Eggs Turkey Bacon Tater Tots Green Salad w/ dressing	2 Arroz Con Pollo Sweet Fried Plaintain Roasted Vegetable Medley Fruit Salad	3 BBQ Pulled Pork Sandwich Steamed Peas & Carrots Green Salad w/ dressing
Week 7	6 Turkey Tacos w/ Toppings Spanish Rice Macaroni Salad Carrot Sticks w/ Hummus	7 Oven Baked Chicken Fingers Roasted Sweet Potatoes Green Salad w/ dressing	8 Penne Pasta w/ Marinara Sauce Garlic Bread Sticks Green Salad w/ dressing	9 Hamburgers & Hot Dogs w/ Toppings Cheese Slices, Lettuce, Tomatoes Watermelon Wedges	10 Grilled Cheese on Whole Wheat Bread Cream of Tomato Soup Roasted Zucchini
Week 8	13 Baked Macaroni & Cheese Steamed Green Beans Carrot Sticks w/ Ranch Dressing Caesar Salad	14 Chicken Fajitas w/ Salsa Mexican Rice Steamed Corn Green Salad w/ dressing	15 French Toast w/ Maple Syrup Scrambled Eggs Turkey Bacon Tater Tots Green Salad w/ dressing	16 House Made Meatballs Steamed Linguini w/ Garlic Sauce Coleslaw Salad	17 Grilled BBQ Chicken Breast Steamed Corn on the Cob Caesar Salad

DAILY MENU OFFERINGS

Plain Water, Citrus Infused Waterworks, Local Grown Field Green Salad with House-Made Dressings

ALTERNATIVE DAILY SANDWICHES

- ◇ Bagels, Sun Butter, Jelly, Cream Cheese
- ◇ Roasted Turkey on 100% Whole Wheat Bread

IF YOU HAVE A FOOD ALLERGY, PLEASE SPEAK TO THE CAMP
All food that we provide is peanut and nut free