



# YOGA 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00–9:30 a.m.	Arrival and Free Play Liz supports Pre-K arrival next to the pools				
9:30 a.m.	Flag Raising				
Period 1 9:50–10:25 a.m.	Sandpipers	Coyotes	Badgers	Cardinals	Playland Pride
Period 2 10:25–11:00 a.m.	Broncos	Grizzlies	Owls	Ravens	Trailblazers
Period 3 11:00–11:35 a.m.	Choice–Cougars, Badgers, Leopards, Sandpipers	Lunch	Seagulls	Lunch	Choice–Cougars, Badgers, Leopards, Sandpipers
Period 4 11:35 a.m.–12:10 p.m.	Eagles	Lions	Lunch	Bears	Lunch
Period 5 12:10–12:45 p.m.	Porcupines	Robins	Cheetahs	Woodchucks	Navigators
Period 6 12:45–1:20 p.m.	Lunch	Bobcats	Otters	Jaguars	Tigers
Period 7 1:20–1:55 p.m.	Choice: Super Seniors	Panthers	Beavers	Choice: Super Seniors	Cougars
Period 8 1:55–2:30 p.m.					Leopards
Period 9 2:30–3:05 p.m.	Roadrunners	Tigers		Choice–Panthers, Navigators, Trailblazers	
Period 10 3:05–3:40 p.m.	Chipmunks	Bengals		Cheetahs	Bengals
3:40–4:00 p.m.	Flag Lowering and Dismissal				