



YOGA 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00–9:30 a.m.	Arrival and Free Play Liz helps with pre-k arrival				
9:30 a.m.	Flag Raising				
Period 1 9:50–10:25 a.m.	Panthers	Otters	Vikings	Grizzlies	PLAYLAND PRIDE
Period 2 10:25–11:00 a.m.	Trailblazers	Cardinals	Jaguars	Super SENiors II	Leopards
Period 3 11:00–11:35 a.m.	Bobcats	Lions	Choice - Cougars, Badgers, Vikings, Leopards, Sandpipers	Choice - Cougars, Badgers, Vikings, Leopards, Sandpipers	Owls
Period 4 11:35 a.m.–12:10 p.m.	Woodhucks	Porcupines	Chipmunks	Tigers	Badgers
Period 5 12:10–12:45 p.m.	LUNCH	Robins	LUNCH	Cheetahs	LUNCH
Period 6 12:45–1:20 p.m.	Broncos	LUNCH	Sandpipers	LUNCH	Super Seniors I
Period 7 1:20–1:55 p.m.	Cougars	Blue Jays	Ravens	Coyotes	Eagles
Period 8 1:55–2:30 p.m.	Bengals			Hawks	
Period 9 2:30–3:05 p.m.		Choice - Panthers, Navigators, Trailblazers		Bears	Choice - Panthers, Trailblazers, Navigators
Period 10 3:05–3:40 p.m.	Roadrunners	Beavers		Seagulls	Navigators
3:40–4:00 p.m.	Flag Lowering and Dismissal				

